ADULT TENNIS COURSES





MONDAY 8TH APRIL - SUNDAY 21ST JULY 2024

Including bank holiday Monday 6th May

COURSES & PRICES

Please note there will be no lessons scheduled during May Half-Term - Monday 27th May - Sunday 2nd June and no lessons during the Rothesay Classic - 15th - 23rd June

ADULT BEGINNERS

For adults who want to start learning the game and are looking for a new challenge in life. Our sessions will cover basic technical and tactical aspects with a game based approach, making it fun and enjoyable for all ages and abilities.

DAY	TIME	DURATION (Weeks)	MEMBER FEE	NON- MEMBER Fee	
Monday	5pm - 6pm	13	£123.50	£169	
Tuesday	5pm - 6pm	13	£123.50	£169	
Tuesday	6pm - 7pm	13	£123.50	£169	
Wednesday	6pm - 7pm	13	£123.50	£169	
Wednesday	8pm - 9pm	13	£123.50	£169	
Thursday	9am - 10am	13	£123.50	£169	
Friday	9am - 10am	13	£123.50	£169	
Saturday	8am - 9am	12	£114	£156	
Sunday	11am - 12pm	12	£114	£156	
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ADULT DEVELOPING

Adults who have previously attended an beginner sessions or who are rusty and returning to the game. Players should be able to maintain a rally from the baseline with both forehands and backhands and be capable of serving overarm.

DAY	TIME	DURATION (Weeks)	MEMBER FEE	NON- MEMBER FEE
Monday	1pm-2pm	13	£123.50	£169
Monday	6pm-7pm	13	£123.50	£169
Tuesday	1pm - 2pm	13	£123.50	£169
Tuesday	7pm - 8pm	13	£123.50	£169
Thursday	1pm - 2pm	13	£123.50	£169
Friday	1pm - 2pm	13	£123.50	£169
Saturday	8am - 9am	12	£114	£156
Saturday*	9am - 10am	12	£114	£156
Sunday	11am - 12pm	12	£114	£156

ADULT IMPROVERS

For those who have previously attended a beginners course or have touched upon tennis in the past. This course is suitable for those who still require some fine tuning on basic technique and wish to build on their confidence. Sessions will include drills and a game based approach.

DAY TIME		DURATION (Weeks)	MEMBER Fee	NON-MEMBER FEE	
Monday	10am - 11am	13	£123.50	£169	
Monday	7pm - 8pm	13	£123.50	£169	
Tuesday 9am - 10am		13	£123.50	£169	
Tuesday	8pm - 9pm	13	£123.50	£169	
Wednesday	9am - 10am	13	£123.50	£169	
Wednesday	7pm - 8pm	13	£123.50	£169	
Thursday	6pm - 7pm	13	£123.50	£169	
Saturday*	9am - 10am	12	£114	£156	
Sunday	12pm - 1.30pm	12	£114	£156	

ADULT INTERMEDIATE

Players attending intermediate sessions must be capable of playing all the basic strokes and have a good understanding of the rules of scoring for both singles and doubles. Players should be able to rally consistently from the basline.

DAY	TIME	DURATION (Weeks)	MEMBER Fee	NON- MEMBER Fee
Monday*	9am - 10am	13	£123.50	£169
Monday	8pm - 9pm	13	£123.50	£169
Thursday	10am - 11am	13	£123.50	£169
Thursday	11am - 12pm	13	£123.50	£169
Thursday	7pm - 8pm	13	£123.50	£169
Saturday*	10am - 11am	12	£114	£156

ADULT ADVANCED

Ideal for strong players who are capable hitting with pace, control and consistency. Sessions will include drills, tactics and matchplay situation to help with matches.

DAY	TIME	DURATION (Weeks)	MEMBER Fee	NON- MEMBER Fee
Wednesday	10am - 11am	13	£123.50	£169
Wednesday	1pm - 2pm	13	£123.50	£169
Thursday	8pm - 9pm	13	£123.50	£169



CARDIO TENNIS

FRIDAY 10am - 11am £5 per session (member) / £8 per session (non-member)

Cardio Tennis is a fun, sociable group fitness class set on a tennis court with music. For those who would like to hit a lot of tennis balls and have a great cardio workout at the same time.

MEMBER EXCLUSIVE COURSES

COURSE	DAY	TIME	DURATION (Weeks)	MEMBER FEE
ADULT ADVANCED PLUS	Tuesday	7pm - 8pm	13	£123.50
ADULT TRAIN TO COMPETE	Tuesday	8pm - 9pm	13	£123.50

MEMBER EXCLUSIVE ACTIVITIES

SOCIAL TENNIS

Free to all Tennis & Racquets members who can sustain a rally and understand the rules of tennis.

The sessions are a great opportunity to meet and play with members of a similar ability.

Tuesday Wednesday Saturday 10am - 12pm 6pm - 9pm 1pm - 4pm

INTRODUCTION TO SOCIAL TENNIS

Free to all Tennis & Racquets members, aimed at those on a developing course. This is a great opportunity to transition into social tennis and meet other members at a similar level.

Sunday 2pm - 4pm

To view our courses Terms & Conditions please scan the QR code



You can book yourself on to one of our courses with our Welcome Desk team.

If you are unsure of which course to enrol on email,

courses@edgbastonpriory.com